

HOURS-OF-SERVICE RULES

PROPERTY-CARRYING DRIVERS

- 1) 11-Hour Driving Limit
May drive a maximum of 11 hours after 10 consecutive hours off duty.
- 2) 14-Hour Limit
May not drive beyond the 14th consecutive hour after coming on duty, following 10 consecutive hours off duty. Off-duty time does not extend the 14-hour period.
- 3) Rest Breaks
May drive only if 8 hours or less have passed since end of driver's last off-duty or sleeper berth period of at least 30 minutes. Does not apply to drivers using either of the short-haul exceptions in 395.1(e). [49 CFR 397.5 mandatory "in attendance" time may be included in break if no other duties performed]
- 4) 60/70-Hour Limit
May not drive after 60/70 hours on duty in 7/8 consecutive days. A driver may restart a 7/8 consecutive day period after taking 34 or more consecutive hours off duty.

NON-CDL SHORT-HAUL EXCEPTIONS

- 1) Stay within the 150 air-mile radius (172 driven miles) of work reporting location.
- 2) The 30-minute rest-break does not apply.
- 3) You must have at least 10 consecutive hours off duty.
- 4) You drive no more than 11 hours during your 14-hour day.
- 5) Logbooks not required but must keep time records showing time in, time out and total number of hours
- 6) If you fail to qualify on a given day then you must follow the first set of rules and complete a standard log for that day and comply with the 30-minutes rest-break rule.

16-HOUR SHORT-HAUL EXCEPTIONS

- 7) You can extend the 14-hour limit to 16 hours on 2 out of any 7-day period, or after any 34-hour restart. This means you have a 16-hour window in which to complete your 11 hours of driving twice a week.